



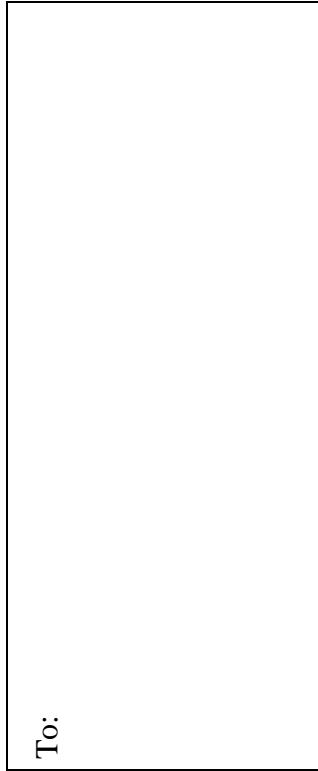
*Snowmobile ride at Wendell State Forest*

## Notes from the Director

I'm happy to announce the Universal Access Program is the recipient of a United States Department of Education grant that will focus on developing new opportunities for accessible programming and recreation in Massachusetts Parks. This funding comes at a critical time as we see state revenues shrinking. Although the UAP is feeling the crunch along with everyone else, we are optimistic that we will be able to continue offering enriching outdoor experiences for people with disabilities and their friends and families. The new grant project, Rec Connect, will add more urban sites and provide the opportunity to explore new activities for people with the most severe disabilities. Be sure to check our events calendar online or call for more information about new programs. I look forward to seeing you this winter, out in the parks.

*Tom McCarthy*

Massachusetts Department of Conservation and Recreation  
**Universal Access Program**  
251 Causeway Street, Suite 600  
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To:



# Access News

## Universal Access Program

## Winter Schedule

**January – March 2010**



[www.mass.gov/dcr/universal\\_access](http://www.mass.gov/dcr/universal_access)

## Before You Go:

### 1. Pre-register!

Get onto the snow sooner when you arrive at the park! Come with your waiver filled out! [[http://www.mass.gov/dcr/universal\\_access/docs/waiver.pdf](http://www.mass.gov/dcr/universal_access/docs/waiver.pdf)]

### 2. In the event of poor weather:

Call the following numbers for recorded messages as to program status-  
**Eastern Massachusetts: 617-626-1294**  
**Western Massachusetts: 413-545-5758**

### 3. Need to cancel? Running late?

Please call the registration number and leave a message so we know!

#### MARK YOUR CALENDAR!

**Summer Recreation Fair:** Kick off next summer at Artesani Park in Brighton (Boston) on Saturday, June 5 from 10am – 3pm. Meet recreation organizations serving people with disabilities in a variety of recreation activities and sign up for summer fun! Adaptive cycling, equipment demos, refreshments and festivities. **617-626-1294**



## Outdoor Programs

Explore winter outdoors with instruction, adaptive equipment and assistance provided free of charge. Programs take place from 11am – 3pm.

**Weston Ski Track:** Come to the Leo J. Martin Golf Course in Weston to enjoy cross-country skiing, kicksledding and snowshoeing on a groomed course. Call Stavros Outdoor Access at **413-259-0009** to sign up. (Conventional ski and snowshoe rentals and sitski available on site for independent use 7 days a week.) Sundays:

**Jan 31                  Feb 7                  Feb 14**

#### **Mt. Tom State Reservation:**

Snowshoeing, kicksledding, cross-country skiing and ice skating and winter explorations as conditions permit in Holyoke. Call All Out Adventures at **413-527-8980** to sign up. Two Saturdays and a Wednesday:

**Jan 16                  Feb 17                  Feb 27**



**Wendell State Forest:** Explore the wilder side of winter in western Massachusetts. All activities including snowmobile rides as conditions permit. Call All Out Adventures at **413-527-8980** to sign up. Saturdays:

**Jan 30                  Feb 13                  Mar 13**



## Indoor Opportunities on Ice

#### **Ice Skating at the Asiaf Rink in Brockton:**

Assisted skating during public skating time on a separate section of the rink using ice sleds and skate walkers. Sundays 2:40 - 4:40pm. Call All Out Adventures at **413-527-8980** to sign up.

**Jan 24                  Feb 28**

**Power Chairs on Ice:** Help us develop a new recreation activity and try out spinning, sliding and obstacle course challenges at the Cronin Rink in Revere. Call Universal Access at **413-545-5353** to get involved.

**Sled Skate on Your Own:** Use ice sleds on your own during public skating hours at state rinks in the following cities and towns:

**Auburn, Boston, Brighton, Brockton, Cambridge, Franklin, Greenfield, Holyoke, Hyde Park, Medford, Milton, Newburyport, North Adams, Plymouth, Quincy, Revere, Springfield, Taunton and Worcester.**

Call Universal Access at **413-545-5758** for information about rink locations or visit [www.mass.gov/dcr/skating](http://www.mass.gov/dcr/skating).